



DONNA CARNOW

US National Pole Art Champion
Aerial Pole Artist



Shows

CIRCUS FLIC FLAC DUISBURG

MODERN ART OF CIRCUS || December 2023 - January 2024 (Duisburg, Germany)
Aerial Pole Act || Directed by Uwe Struck || Choreographer Irina Rizaeva || 46 show run

COMPANY XIV (Off-Broadway)

SEVEN SINS || February - October 2023 (Brooklyn, NY)

NUTCRACKER ROUGE || October 2022 - January 2023 (Brooklyn, NY)

Aerial Pole Act || Artistic Director Austin McCormick (The Metropolitan Opera) || 151 shows
Bessie nominated || Featured in New York Times, The New Yorker, Playbill, Time Out, and more.

HARD ROCK CASINO ATLANTIC CITY

EUPHORIA VARIETY SHOW || June - November 2023 (Atlantic City, NJ)

Aerial Pole, Contortion || Producer Elite Casino Marketing Group (Allen Valentine) || 20 show run

VIRGIN VOYAGES SCARLET LADY

IT'S A SHIP SHOW || March - April 2023 (Caribbean Islands)

Aerial Pole Act || Produced by Kaleidoscope Entertainment || 25 show run

SEVEN DEADLY SINS NYC (Off-Broadway)

LUST || June - July 2021 (New York, NY)

Written by Bess Wohl || Directed by Moises Kaufman || Monologue performed by Cynthia Nixon.
9 minute pole dance solo performed 9x/night, 6 nights/week || 252 show run
2022 Drama Desk Unique Theatrical Experience winner || Donna's performance celebrated in
New York Times, Variety, Theatermania, The New Yorker, New York Post, and more.

Additional Production Credits

REINARD INTERNATIONAL FZE - 2024 (Baie Lazare, Seychelles)

MCKITTRICK HOTEL - 2023 (New York, NY)

REYKJAVIK FRINGE FESTIVAL || VERTICAL DREAMSCAPE - 2023 (Reykjavik, Iceland)

HUPSTATE CIRCUS FESTIVAL - 2022 (Ithaca, NY)

WONDERSHOW NYC - 2022 (Brooklyn, NY)

ROCHESTER FRINGE FESTIVAL - CIRQUE DU FRINGE - 2021 (Rochester, NY)

CIRQUE CENTRAL ENTERTAINMENT - 2021 (New York, NY)

INTERNATIONAL POLE CONVENTION - 2020 (New Orleans, LA)

POLESPEAK POLE DANCE COMPANY - 2019-2022 (New York, NY)

AERA AERIAL DANCE COMPANY - 2018-2019 (New York, NY)

POLE EXPO AT THE HARD ROCK CASINO LAS VEGAS - 2018 (Las Vegas, NV)

References

Austin McCormick

Artistic Director, Company XIV
austin@companyxiv.com

Uwe Struck

Director, Circus Flic Flac Duisburg
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Performance Artist In-Residence

The Box (New York, NY)

The Slipper Room (New York, NY)

House of Yes (Brooklyn, NY)

Schtick A Pole In It (New York, NY)

The Stranger (New York, NY)

Competitive Titles

US National Pole Art Champion

2022 || Pole Sport Organization

Northeast Pole Art Champion

2021 || Pole Sport Organization

Central Pole Champion

2019 || Pole Sport Organization

Education

11 years of pole experience

Body & Pole (New York, NY)

Bachelor of Fine Arts in Dance

2017 || University of Illinois at
Urbana-Champaign
James Scholar || Graduated with Honors